

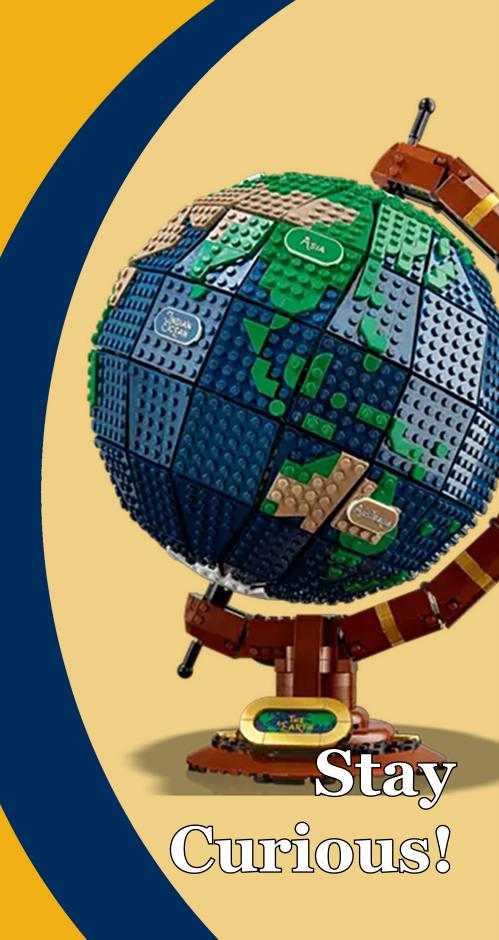


Winter 2025 Course Catalog

Registration begins

January 6

olliatwvu.org



# GERIATRIC CARE

Aging sometimes means an increased potential for illness and health issues. At WVU Medicine, our caring team of board-certified geriatricians provides high-quality care for adults aged 60 and up. With our team approach to senior health, we'll work with you and your family or caregivers to prevent, diagnose, and treat diseases and possible disability that may occur with aging.

**WVU**Medicine.org/Geriatrics



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# Come for the classes. Stay for the people.

# WELCOME TO THE OSHER LIFELONG LEARNING INSTITUTE AT WEST VIRGINIA UNIVERSITY (OLLI AT WVU)

Welcome to OLLI's winter 2025 term! We are thrilled to be offering members, friends, and guests a wide variety of engaging educational and social experiences over the next several months. If you are a current member, thank you for being with us this year. We look forward to seeing you in upcoming classes.

As you browse the catalog, you'll notice a new opportunity for members. This winter, OLLI at WVU is excited to launch the "From the Vault" initiative, offering exclusive access to a treasure trove of past classes. Members registered for the term will be able to watch select recordings of some of our most popular courses, available on YouTube.

OLLI's curriculum committee has chosen the series of six classes on the Harlem Renaissance and a select group of brilliant Black artists of this celebrated creative period, taught by Melora Cann in 2022. Turn to page 18 to learn more.

If you haven't yet renewed your membership or made the commitment to being an OLLI member, we invite you to consider what OLLI has to offer and how the program can fit into your life.

In the following pages, you will read about as many as 18 classes and events available after 5:00 p.m. on weekdays or held on the weekends. Many classes held on Zoom will be recorded for viewing at a time more convenient for you. (Not familiar with Zoom? We can teach you how to use it to enjoy your OLLI classes.) Although some classes ask for a commitment of three weeks or more, many others are only one or two sessions.

Looking for a class or opportunity that you don't see in the catalog? Let us know! Have an interest or knowledge that others might be interested in? Consider sharing by teaching a class or facilitating a group for OLLI. If cost is a concern, see page 5 for information about our financial assistance program.

We invite you all to make OLLI a part of your life this winter.

Jascenna Haislet Director, OLLI at WVU

### **OLLI ADVISORY COUNCIL** (2024-25)

Joyce Bower Kenton Colvin David Foster Kristie Gregory Jack Hammersmith Carol Henry Leslie Lovett, Chair Joanna Lowley Susan Martino Rosana Schafer Nancy Wasson

enry Sarah Woodrum, SPH Rep.

### **EMERITUS ADVISORS**

Roger Dalton Ed Johnson Jim Held Bev Kerr

### **OLLI STAFF**

Jascenna Haislet, Director Michelle Klishis, Professional Technologist Diane Cale, Program Assistant Charlene Gaston, Office Volunteer Teresa Lyons, Office Volunteer Connie McCluskey, Office Volunteer

### THE BERNARD OSHER FOUNDATION

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. Founded in 1977 by Bernard Osher, a respected businessman and community leader, it has funded a national network of 125 Osher Lifelong Learning Institutes. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, visit <a href="https://www.osherfoundation.org">www.osherfoundation.org</a>.



### ABOUT OLLI AT WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

#### We value

- The shared knowledge and talents of our members and volunteers.
- The support of our members for OLLI at WVU.
- A spirit of collaboration and respect among OLLI members and with West Virginia University.
- Excellence in all aspects of the life of OLLI at WVU. Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.
- Respect for diverse people, ideas, voices, and perspectives where all members feel valued.
- Working together to positively impact every part of OLLI at WVU.
- Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.

OLLI at WVU recognizes the unique experiences, capabilities, and wisdom of mature members of our communities and emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

Courses are developed and taught by volunteers who are passionate about their topics, avocations, and interests, and love to share their ideas.

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- · West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- · Edgewood Summit Retirement Community
- OLLI Board Members, Committee Members, and Volunteers
- · OLLI \$100K Club, Donors, and Sponsors
- · Our Distinguished Instructors
- OLLI Members

I just loved the class I attended last week... I'm brand new to OLLI and so far it's been just wonderful.

- OLLI member

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

A current membership is required to participate in all OLLI activities, unless otherwise noted.

Memberships run from July 1 to June 30 each year.

#### **Member Benefits**

- The opportunity to learn and to meet new friends.
- · Discounts on travel and events in the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs.
- · A voice in OLLI governance.
- · The right to be added to a course wait list.
- Access to Shared Interest Groups and technology assistance.

Annual
membership
\$30

Membership year runs
July 1st to June 30th

Quarterly registration fee \$40

for unlimited courses (payable only during quarters in which you register for classes)

\* Other fees may apply and are noted on individual courses, events, or groups.

### FINANCIAL ASSISTANCE AVAILABLE

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members.

However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. We do ask that you pay what you can for the membership. A payment of as little as \$5 or \$10 will allow OLLI at WVU to include you as a paid member in our report to the Osher Foundation.

To apply, ask for a confidential application at the OLLI office or fill out the application form on our website at olliatwvu.org/learn-more/scholarships/or scan the QR code.

Applications and information submitted are kept strictly confidential.



### How to Register

The winter term runs January 20th - March 15th.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <a href="https://wvusph-olli.augusoft.net/">https://wvusph-olli.augusoft.net/</a>
- Call the OLLI office at (304) 293-1793
- By mail, using the enclosed membership/registration form. Mail to: OLLI at WVU

5000 Green Bag Rd Morgantown, WV 26501

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: WVU HSC PUBLIC HLTH OLLI OLLI@HSC.WVU.WV

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

### Winter Registration begins January 6, 2025

### Register Anytime!

Registration remains open throughout the term for most classes and events.

### Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate members' active participation when seeking funding from grant-makers and policy-makers. We also have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office at 304-293-1793 or email olli@hsc.wvu.edu. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class. \*\* This is especially important for in-person classes! \*\*

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

### TAKING CLASSES WITH OLLI @ WVU

OLLI classes are open to all members, regardless of where they live.

Morgantown members are invited to attend classes in the Kanawha Valley and members from the Kanawha Valley are welcome to attend classes in Morgantown. Members who reside further away are welcome to join us in person when they are in town.

Contact the OLLI office at 304-293-1793 to make arrangements.

OLLI instructors are volunteering their time and talents. *Please be respectful of your course instructors and fellow participants.* Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

Zoom links will be emailed to those enrolled in online classes by 9:00 a.m. the morning of the class/event.

Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class. If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

### **Need Assistance with Zoom?**

Interested in taking an OLLI class but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

I've made many new friends over the years and enjoy feeling needed and part of this important group.

- OLLI member

### **Classroom Location Key**

Morgantown - Mountaineer Mall, 5000 Green Bag Rd

- A Classroom next to the OLLI office
- B Classroom under the OLLI sign
- CL Computer Lab, first door on the left down the hall next to B.

#### Kanawha Valley

Edgewood Summit Retirement Community, 300 Baker Ln Schoenbaum Family Center, 1701 5th Ave. Kanawha County Public Library, 123 Capitol St.

#### Other

Z - online via Zoom. Other - See course description for location.

### **Symbol Key**

Throughout OLLI's course catalog, you will see various symbols next to names, locations, and event titles. Below is a list of those symbols and what they mean.

- ★ An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.
- This symbol next to a class or event indicates that it will be held in-person in Morgantown.
- This symbol next to a class or event indicates that it will be held in-person in the Kanawha Valley.

Field trips, exercise classes, and outdoor adventures may include an activity level designation. The best indicator of what to expect is explained in the event description, but we have developed this rating system to help you decide if you wish to participate. Please note that these ratings are for guidance only and conditions may change.

- Participants should be able to walk on flat surfaces at a leisurely pace. Activities may include some steps, boarding a bus, and standing for short periods of time during presentations. Accessible accommodations may be able to be arranged upon request.
- Participants should be able to walk on uneven surfaces that are not always paved. Activities may include walking up and down steps and small inclines, boarding a bus, standing for longer periods of time, and engaging in light exercises. Accessible accommodations may be able to be arranged upon request.
  - Participants should be in good physical health, able to do all of the above, and participate in active medium endurance exercise and adventure activities.

Special member events, opportunities, and interest groups, unless otherwise noted, are free for current OLLI members! Payment of term enrollment fee is not required.

#### Ask a Geek

Michelle Klishis

By appointment only.

Request an appointment at <a href="https://bit.ly/3PcyiwP">https://bit.ly/3PcyiwP</a>
or email <a href="mailto:olli@hsc.wvu.edu">olli@hsc.wvu.edu</a> (please include "Geek
Question" in the subject line.) Note that it may take up to one week to receive a response.

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, can help. Members may request an appointment in-person in Morgantown or via Zoom. Please note that Michelle's strengths are Android phones, Windows PCs, Microsoft Office software, and digital security and privacy.

### The Power of Jewelry: Beauty, Health, and Holistic Wellness

Li Yang

Wednesday, February 12, 1:00 - 2:30 p.m. Morgantown A



Jewelry has always been a woman's best friend, but what if it could do more than enhance our appearance? In this presentation, we explore how certain materials used in jewelry may not only make us look beautiful but also support our health and well-being, based on traditional beliefs in Eastern culture. From energy stones believed to improve sleep to dragon blood pine, said to help with bad breath, and terahertz stones, thought to promote health through the delayed energy of radiation, you'll discover how these materials are integrated into jewelry for potential benefits. Join us to explore this unique blend of beauty and holistic health, and discover how your jewelry might benefit both body and mind.

**Li Yang** came to the U.S. from China more than 30 years ago. She has shared her culture, talents, and interests with OLLI members in cooking classes and a class on Chinese Dragon Dance.

### **Twilight Trivia**

Wednesday, January 29, 7:00 - 8:30 p.m., Zoom

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our quarterly virtual game night!

### Virtual Happy Hour

Sundays, January 5 - March 30, 6:30 - 7:30 p.m., Zoom

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for a while or maybe haven't met, in person, before!

### Whole Grains Sampling Day 2025

Cindy Gay

Wednesday, March 26, 10:30 a.m. - 12:00 p.m. Morgantown A



Materials Fee: \$10.00 (payable at the door)

For seven of the past eight years OLLI has recognized this event by sampling diverse whole grains. This year's event will include whole grains you may have not tried in a brunch menu to include cereal, salad, bread, and dessert.

**Cindy Gay** is a retired dietitian with a 40-year career in healthy eating and food service. Retired now for a decade, she enjoys making small quantities of food from scratch with a multitude of ingredients.

### Winter Film Forum: Angels in America, Parts 1 & 2



James Held\*

Fridays, February 21 & 28, 12:30 - 4:30 p.m. Morgantown B

Angels in America: A Gay Fantasia on National Themes is one of the most celebrated adaptations of a play ever made. Written by Tony Kushner, the play won the Pulitzer Prize and multiple Tony Awards. Mike Nichols directed the HBO-produced film version that garnered widespread acclaim, earning 11 Emmy Awards.

The story centers on a gay man, dying of AIDS, whose partner leaves him. He is soon visited by an angel who warns of impending change. Alongside this central plot, the film follows several subplots: a Mormon couple grappling with a troubled marriage, a gay lawyer (Roy Cohn) also dying of AIDS and haunted by the ghost of Emma Goldman, and a Mormon mother trying to hold her family together. The second half of the story ventures into surreal territory, exploring themes of heaven, earth, and dramatic shifts. Set during the Reagan administration, *Angels in America* captures the political tensions that many see as precursors to today's divisive climate.

Tony Kushner, one of the most prominent living American playwrights, has also collaborated with Steven Spielberg on screenplays for *Munich, Lincoln, West Side Story*, and *The Fabelmans*.

Angels in America has strong sexual and political themes, adult content and language, and a long list of discussion topics!

Jim Held taught Theater and Dramatic Literature at WVU for 35 years, retiring in 2015. He has taught over 65 courses for OLLI at WVU focused on film, plays and playwrights, and classic literature. He has hosted Film Forum since 2015. Film has remained a constant in Jim's life with his wife Bonnie.

### SHARED INTEREST GROUPS

OLLI Shared Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year, unless otherwise noted.

### MORGANTOWN

### Afternoon Walking Group

Facilitator: Kelly Yonta

Mondays & Thursdays, 3:00 - 4:00 p.m., Morgantown trails

### Campus Club: Let's Do Lunch!

Facilitator: Dottie Rauch

2<sup>nd</sup> Thursday of the month (January - May)

11:30 a.m. - 1:00 p.m.

### **Campus Club Morning Book Discussion**

Facilitator: Lynne Ostrow

3<sup>rd</sup> Tuesday of the month (September - June)

10:00 - 11:30 a.m., Zoom & in-person in Morgantown A

### **Drinks & Dinner**

Facilitator: Jascenna Haislet 2<sup>nd</sup> Thursday of the month (August - May),

6:00 - 8:00 p.m.

#### A Late Lunch

Facilitator: Diane Cale 3rd Wednesday of the month

1:00 - 2:15 p.m.

Maximum enrollment: 15

#### Mon River New Horizons Band

Facilitator: Ross Schlobohm

Mondays, 3:00 - 4:30 p.m., Morgantown A

### Opera SIG

Shared facilitation

Meetings arranged via email

### Walking Outdoors with Campus Club

Facilitator: Hope Covey

Thursdays, 9:00 - 10:00 a.m., Morgantown trails

### Yarn Arts

Mondays, 12:45 - 2:30 p.m., Morgantown A

### ON ZOOM

### Campus Club Evening Book Discussion

Facilitator: Hilary Attfield

2<sup>nd</sup> Tuesday of the month (September - June)

7:30 - 9:00 p.m.

See descriptions at https://olliatwvu.org/current-members /interest-groups/ for more detail.

# Winter Open Houses

Learn how you can stay engaged and connected this winter with OLLI classes. Hear from instructors and meet other OLLI members!

Tuesday, January 7, 1:00 - 2:30 p.m. **Morgantown (Mountaineer Mall)** 

Thursday, January 16, 1:00 - 2:30 p.m. **Kanawha Valley (Edgewood Summit)** 

Free and open to the public

Register at https://bit.ly/3Uf22hw



Osher Online, a program of the Osher National Resource Center (NRC) at Northwestern University, offers an exciting opportunity to learn with OLLI members from across the country.

### Each course is \$50.00 per person.

2024-25 OLLI membership is required.

All classes offered on Zoom only.

Full course descriptions and instructor biographies https://olliatwvu.org/learn-more/catalogs/

### Spring term (April - May) Registration open through March 12.

### Bella Napoli: Italy's (Other) "Eternal City"

Anthony Antonucci, PhD and Hilary Haakenson, PhD Fridays, April 11 - May 16, 1:00 - 2:30 p.m.

### **Bonsai: An Ancient Art in Modern Times**

Chris Baker

Mondays, March 31 - May 5, 7:00 - 8:30 p.m.

### Car Crazy: 1950s Onward

Pandora Paúl

Wednesdays, April 9 - May 14, 7:00 - 8:30 p.m.

### **Cinema in Transition: Exploring Change through Classic Films**

Jeremy Fackenthal, PhD

Tuesdays, April 8 - May 13, 1:00 - 2:30 p.m.

#### **Crossword Puzzle Creation**

Steve Wever

Wednesdays, April 2 - May 7, 3:00 - 4:30 p.m.

#### The Essential Jane Austen

Juliette Wells

Mondays, March 31 - May 5, 5:00 - 6:30 p.m.

### **Future Proofing Your Healthspan and Longevity**

Scott Fulton

Wednesdays, April 2 - May 7, 1:00 - 2:30 p.m.

### Jinas, Jīvas & The Three Jewels: The Jain Tradition and Its Legacy of Non-violence

Eileen Goddard

Tuesdays, April 1 - May 6, 3:00 - 4:30 p.m.

### Mainstreaming the Margins: A History of LGBTQ+ America

Adam Kocurek

Tuesdays, April 1 - May 6, 11:00 a.m. - 12:30 p.m.

### **Neurology in a Nutshell: The Brain Explained**

Paul Schanfield, MD

Thursdays, April 10 - May 15, 3:00 - 4:30 p.m.

### Russia Beyond Russians

Asya Pereltsvaig, PhD

Thursdays, April 3 - May 8, 1:00 - 2:30 p.m.

#### **Science Charcuterie**

Kjir Hendrickson, PhD

Thursdays, April 3 - May 8, 5:00 - 6:30 p.m.

### The Soundtrack of Rock & Pop in the 50s & 60s: The Magic of the Brill Building Era

Michael Agron

Tuesdays, April 1 - May 6, 5:00 - 6:30 p.m.

### **Virtuosos in Classical Music**

Emanuel Abramovits, MBA

Wednesdays, April 16 - May 21, 5:00 - 6:30 p.m.

### Women: The Forgotten "Men" in History

Diana Carlin, PhD

Mondays, March 31 - May 5, 3:00 - 4:30 p.m.

### Winter term (January - March)

Registration deadline: December 20.

My Native Land in Memory: Stories of a Cuban Childhood Whole-Person Health and Well-being:...

Color and Symbolism in Art History

Huck Finn's America

Immigrants in America: Stories of Jazz...

Storytelling and Self

Wisdom

The Next Generation's Legacy of the Holocaust

Science Everyone Needs to Know

Buddhist Philosophy, Meditation, and Ritual...

First Class: A History of the Post Office in the United States

Transparent Eyeballs: The Transcendentalists...

A Tourist's Tour of the Wider Universe

Modern War: What Is It Good For?

100 Years of Magic: The Disney Legacy and Influence Reclaiming Native Ground: Native America Since 1900

The Secret Lives of Familiar Birds
The World of Musical Satire

### **THE ARTS & ART HISTORY**

### **Art in the Libraries 2024-25 Exhibitions Overview**

Sally Brown

Friday, January 24, 10:00 - 11:30 a.m. Zoom

WVU's Art in the Libraries curator will preview and discuss the current exhibitions on display in the three campus libraries from the Retrospective, to faculty and student scholarship displays, to photography and collage.

**Sally Brown** is an artist, curator and writer. She has been awarded grants for her artistic and scholarly work and presented at national arts conferences. She holds BA-Studio Art, MPA and MA- Art History and Feminist Theory degrees. She currently serves as curator for WVU Libraries and is a contributing writer for the Borshch of Art Discover Database and art editor for *Thimble Literary Magazine*.

### **Five Great Operas: Met Opera in HD**

Byron Nelson\*

Tuesday, February 25, 10:00 a.m. - 12:00 p.m. Morgantown A



The Met Opera in HD series (on select Saturdays at 1 p.m., presented locally at the Regal Theatre) will present five live performances of great operas ranging chronologically from Mozart's *The Marriage of Figaro* (1786) to Richard Strauss' *Salome* (1905). This class will introduce the five operas, with analysis of the music and plots and ideas about the singers and the productions.

**Byron Nelson** taught English at WVU for 40 years and has taught many OLLI classes on opera, Shakespeare, and musical comedies.

### Learn to Play the Tin Whistle II

Ingrid Strakusek



Thursdays, Jan. 23 - Mar. 13, 11:00 a.m. - 12:30 p.m. Morgantown A

Expand your skills with the tin whistle in this intermediate course designed for those who have completed the beginner level or have basic experience with the instrument. Building on the foundational techniques, we'll explore more complex tunes, ornamentation, and styles. Participants will enhance their finger placement, breath control, and learn how to add personal flair to their playing. Whether you're aiming to improve for personal enjoyment or performance, this class will help you take your tin whistle playing to the next level! Please bring your tin whistle in the key of D.

**Ingrid Strakusek** is a retired IT executive who moved to WV five years ago. As a side gig, she taught college-level IT courses for 20 years. She draws on this experience

to teach others music. She is from a musical family and has played the flute since the second grade. In 2020, she joined OLLI, learning both the tin whistle and lap dulcimer. She believes learning to play a musical instrument should be fun!

### The Pop Hits of 1970 & 71

Barry Lee Wendell\*

Thursdays, January 23 - February 27 10:00 a.m. - 12:00 p.m. Classroom B & Zoom

We'll go back to the dawn of the 1970s and hear the music of popular groups like The Jackson Five, Carpenters, The Beatles, and the solo debuts of Paul, John, and George. We'll also revisit the one-hit wonders: The Shocking Blue, The Ides of March, The Jaggerz, Jean Knight, and Ocean. We'll share memories and maybe get up and dance.

**Barry Lee Wendell** has been teaching pop music history at OLLI for many years. His last class was a tribute to lyricist, Cynthia Weill.

### **Ragtime Music-Then & Now**

Wallace Venable\*

Thursdays, March 6 & 13, 12:45 - 2:30 p.m. Morgantown B & Zoom

Arguably the Ragtime Era begins with the publication of Scott Joplin's *Maple Leaf Rag* and ends with the start of

the Jazz Age. Ragtime compositions are not restricted to fast piano playing but include many compositions for string ensembles and larger orchestras. Notable composers include African Americans, Tin-Pan Alley writers, Europeans, and



women. We seem to be in a new wave of interest in the music. The class will focus on listening to 120 years of music, accompanied by remarks. This will range from Edison cylinder records through piano rolls to recent YouTube videos. The term "ragtime" will be interpreted loosely.

**Wally Venable** arranges music, including ragtime, for crank organs and plays percussion in the OLLI band.

### **Unsexed Termagants . . . Help the World Along, 1880s-1930**

Barb Howe\*

Friday, January 24, 12:45 - 2:30 p.m., Zoom

By the late 19<sup>th</sup> century, women were organizing for myriad reasons, in literary clubs and insurance societies, in temperance unions and patriotic organizations. Clubs provided an opportunity for women to unite for a common purpose, to effect change in a society that had long denied them political rights, to socialize, and to gain financial assistance. Women from the smallest communities in the country were linked with those in the largest through shared rituals, publications, and conventions as they worked for an agenda that included issues usually designated as "women's concerns." We will look at some of those groups in West Virginia, including the WCTU, DAR, and Daughters of Rebekah.

**Barb Howe** taught American women's history at WVU and was a member of the West Virginia Women's Commission's Cultural Heritage Project. She wrote about West Virginia women's organizations from the1880s to1930 for *West Virginia History*. She is revisiting that work here to explore the work of the "grossly misunderstood" club women called "unsexed termagants" who wanted to "help the world along."

### FINANCIAL & RETIREMENT PLANNING

### **Real Estate 101**

Dan Oliver

Tuesday, January 28, 12:45 - 2:15 p.m. Morgantown B & Zoom

This course offers a basic introduction to real estate ownership, covering topics such as General Warranty Deeds, Special Warranty Deeds, Quit Claim Deeds, Deeds of Trust, As-Built Surveys, Easements, and the essentials of buying and selling residential property. While we will touch on legal terminology, please note that the class is for informational purposes only and should not be considered legal advice.

**Daniel Oliver** is a retired lawyer who practiced law in the areas of business transactions and estate planning and taught both Business Law and Sports Law at West Virginia University for more than 30 years.

### **HEALTH & WELLNESS**

### T'ai Chi for Arthritis II



Ryan Sommerkorn

Thursdays, January 9 - February 13, 10:00 - 11:30 a.m. Morgantown Dance Studio Maximum Enrollment: 15

Enrollment in the fall term class is required.

T'ai chi is an art embracing the mind, body, and spirit. Originating in ancient China, t'ai chi is one of the most effective exercises for health of mind and body. Although an art with great depth of knowledge and skill, it can be easy to learn and soon delivers its health benefits. For many, it continues as a lifetime journey.

**Ryan Sommerkorn** is certified by the T'ai Chi Institute for Health to teach T'ai Chi for Arthritis and Falls Prevention.

### **HISTORY**

### My Mother and the Holocaust Brought to Light

Irving Lubliner

Tuesday, January 21, 3:00 - 5:00 p.m., Zoom

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her life in Nazi-occupied Poland during the Holocaust, including her internment in ghettos and two concentration camps, Auschwitz and Gross-Rosen. Her powerful stories have been published by her son, Irv Lubliner, an emeritus professor at Southern Oregon University. He will share excerpts from *Only Hope: A Survivor's Stories of the Holocaust*, shedding light on his mother's experiences and indomitable spirit, as well as his experience as a child of Holocaust survivors and his process in bringing the book to fruition. Participants are invited to visit https://www.onlyhopebook.com for additional information.

Irving Lubliner teaches math, blues harmonica, and literature classes for the OLLI program at Southern Oregon University (SOU). An emeritus SOU professor specializing in mathematics education, he taught for 40 years (at all levels, kindergarten through graduate school), led seminars for teachers in 39 states, and gave over 350 conference presentations, including several keynote addresses.

### **Protecting the President-or Not**

Jack Hammersmith\*

Wednesdays, January 22 & 29, 12:45 - 2:30 p.m. Morgantown B & Zoom

Recent assassination attempts against former president Trump have again cast the Secret Service into the spotlight. Organized to safeguard the nation's monetary system against counterfeiting, the Service assumed a second role of protecting presidents after the 1901 assassination of William McKinley. It was a belated response; assassins had already killed Lincoln and Garfield. Today, 3,200 special agents protect three dozen individuals, not just presidents. This is an often difficult and complex effort, especially in an election year. This class will examine the Secret Service's history and operation, as well as its successes and failures.

Jack Hammersmith has read, studied, taught, and pondered history, especially of the U.S., China and Japan, for most of his life. Forty-eight of those years were with the WVU History department with brief teaching breaks in Japan at several universities and institutions. He appreciates the opportunity to extend those years with OLLI and its legions of eager, inquisitive, interested and informed students.

### The PRT: A Long, Strange Trip

Jay Cole\*

Fridays, January 31 & February 7, 10:00 - 11:30 a.m. Morgantown B & Zoom

In 2025, West Virginia University will celebrate the 50th anniversary of its iconic Personal Rapid Transit (PRT) system. Over the last half-century, the PRT has become a symbol of the campus and a global model in the personal rapid transit movement. This course explores the PRT's

fascinating history, from concept and prototype to its operation, all set against the backdrop of politics, economics, urban planning, and engineering. Archival materials from WVU Libraries will enhance our exploration. A follow-up course



in the spring will include field trips to ride the PRT, visit the maintenance shop, and view the original prototype vehicle in storage. Join us to discover more about the PRT's long, strange trip!

**Jay Cole** has taught or co-taught OLLI courses on Pearl S. Buck, Dante's *Divine Comedy*, science fiction and radio astronomy, and Shakespeare and Star Trek. To increase awareness of Buck, he has helped to organize two international conferences, led a K-12 teachers' institute, and co-edited a volume of essays published by the WVU Press. He is treasurer of the Buck Birthplace Foundation.

### The Story Behind WV's Missing 1927 Japanese Friendship Doll

Lee Beaumont

Tuesday, March 4, 10:00 a.m. - 12:00 p.m. Morgantown B & Zoom

To encourage friendship and goodwill among the children in the U.S. and Japan, Dr. Sidney Gulick, a missionary to Japan, established the Committee on World Friendship Among Children in conjunction with his Japanese counterpart, Shibusawa Eiichi. The Committee's first project was a doll exchange where baby dolls were sent to the children of Japan from children in the U.S. in 1926. The Japanese reciprocated by sending 58 large Ichimatsu dolls, one of which arrived in Charleston, WV, circa 1927 and later disappeared. This class will focus on the history of the Friendship Exchange, the dolls, and WV's lost Friendship Doll, Miss Tochigi.

**Lee Beamont** has been collecting dolls for 33 years and is a member of the WV Mountaineer Doll Club and the

United Federation of Doll Clubs. She enjoys the research aspect of collecting and learning about history and culture through dolls. She writes periodically for a UK publication, *Doll Showcase*.

### **Understanding Some Inventions That Changed the World**

Kenton Colvin\*

Tuesdays, January 28 - February 11 10:00 a.m. - 12:00 p.m. Morgantown B & Zoom



This course examines pivotal inventions that have shaped human history, from ancient times to the present. We will explore innovations used between antiquity and 1500, focusing on how they stimulated trade, fueled warfare, and built empires, as well as their impact on health, convenience, and society. Moving into the period from 1700 to 1900, we'll explore inventions that revolutionized transportation, energy, and materials. Finally, we'll investigate technologies that transformed everyday life in the 20th and 21st centuries, including automobiles, appliances, radio, television, aviation, and the internet.

**Kenton Colvin** retired from WVU Student Life after 18 years. Previously he spent 26 years in manufacturing management with several corporations. He has a Master's Degree in Industrial and Systems Engineering and taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading history and teaching classes at OLLI.

### The U.S. Congress

Russ Hutchins\*

Wednesdays, February 12 - 26, 10:00 - 11:30 a.m. Zoom

Join us to explore the history and productivity of the U.S. Congress from its inception in 1789 to the current 119<sup>th</sup> Congress. We'll examine how the House of Representatives and Senate have collaborated and clashed over 235 years. Key milestones include the first 12 Amendments, creation of vital departments, the Louisiana Purchase, and more. We'll also cover how Congress navigated wars, the New Deal, Civil Rights, and challenges from World War I to the present. With 535 members shaping our nation's future, discover how Congress has influenced America's course through history.

Russ Hutchins, ED.Sp., is a retired public school administrator and teacher of History and English at Friends University, Topeka. He has taught many Osher classes at Kansas University, WVU, Clemson, and College of Charleston with emphasis on the WWII eras and American Civil War. His topics vary from biographies to events of the times. He lives with his wife, Joyce, in Summerville, SC.

### OTHER INTERESTS

### **Introduction to Spanish**

Felicia Carrara

Tuesdays, January 14 - March 18, 1:00 - 2:30 p.m. Zoom

By the end of this introductory class, participants will be able to talk about themselves and express their wants and needs in Spanish. We'll go over the basics: vocabulary you'll need to carry on a friendly conversation, important phrases, and the most commonly used verbs. The class will be participatory with conversations and pronunciation so the language sticks. Handouts will be provided for extra practice. You will also have the opportunity to use a textbook to practice vocabulary outside of the classroom and build a stable foundation of the Spanish language.

**Fellicia Carrara** is a junior at WVU, studying International Relations. While living abroad in Central America, she learned Spanish and gained a love for learning language. She now speaks Spanish and Italian and is learning Russian. She is excited to share her love of languages in the classroom and hopefully inspire the same interest in Spanish!

### **Jewelry Making & Repair Workshop**

Kathi Elkins

Thursdays, January 23 - February 6 1:00 - 3:00 p.m., Morgantown B Materials Fee: \$5.00 (payable at the door)



Join us for a creative journey where you can craft beautiful jewelry to take home or bring in pieces that need repair! In the first two sessions, we will explore beginner to intermediate jewelry-making techniques using glass, metal, and ceramic beads, as well as twisted wire to create stunning earrings, bracelets, or necklaces. Beads will be provided, but we encourage you to bring any beads, supplies, or tools you already have.

The third session (Feb. 6) will be dedicated to jewelry repair. Bring in your pieces that need a little TLC, and if you have outdated or vintage costume jewelry, this is the perfect opportunity to transform them into something fresh and new—it's the "re-use" in RRR!

**Kathi Elkins** retired from the WVDHHR/Health Statistics Center as an epidemiologist and years in tobacco prevention. She has recently moved back to the Morgantown area from Charleston. Previously for OLLI, she taught the history of ice (and making ice cream), a series of classes on environmental issues, and a series on sharing the stories of collecting.

### **LEGO®: Not Just for Kids**

Jascenna Haislet

Fridays, January 31 & February 7, 12:45 - 2:30 p.m. Morgantown B

Friday, March 7, 12:45 - 2:30 p.m., Zoom

Explore the creative potential of LEGO® beyond childhood play. We'll examine LEGO®'s move into the adult market, highlighting innovative designs that appeal to adult builders and popular shows like LEGO® Masters.
Participants will be

Participants will be encouraged to engage in hands-on activities that



stimulate collaboration and critical thinking, creating everything from intricate models to imaginative designs. Additionally, we'll delve into the educational and historical information included in LEGO® instruction books, enhancing our understanding of the artistry and engineering behind these beloved bricks. Whether you are a seasoned builder or new to LEGO®, this class offers a unique opportunity to reconnect with your inner child while discovering the exciting world of adult LEGO® building!

**Jascenna Haislet** is a devoted lifelong learner who enjoys delving into history, current events, and new experiences. After years of buying LEGO® sets for her younger brother, nieces, and nephews, she started building with the bricks herself during the COVID pandemic.

### **Sharing Immigrant Ancestor Stories**

Susan Arnold

Wednesdays, January 22 - February 5, 10:00 - 11:45 a.m. Morgantown B & Zoom

We invite OLLI members to share the fascinating stories of their immigrant ancestors, from the 1600s through the 1900s. This is a unique opportunity to present your family history, including photos, documents, ship passenger lists, naturalization records, census data, or any other materials that highlight your ancestor's journey to becoming an American citizen. Each presenter will have 20-30 minutes to share their story and contribute to a collective exploration of our diverse heritage.

Susan Arnold was the Director of the WVU Health Sciences Library for 17 years from 2004-2021. She has a Master's Degree in Library & Information Science from the University of South Carolina, and an MS in Nutrition & Foods from Virginia Tech. She has been working on genealogy for 30+ years and is a member of several lineage groups including the DAR. She has taught genealogy, travel, and health information classes at OLLI.

#### **Taste of Central America**

Marilyn Urecki, Rabbi Victor Urecki

Wednesday, February 19, 11:30 a.m. - 2:00 p.m.

Congregation B'nai Jacob

Materials fee: \$5.00 (payable at the door)

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Enjoy a hands-on culinary Central American food experience! Participants will discover and learn to cook an authentic Latin American meal. Using vegetables and products found in traditional Mayan/ Latin American dishes, students will create a spectacular four course meal! Enjoy a new approach to meal preparation using farm fresh products (optional fish) and then stay and enjoy the meal we have prepared together! All levels of cooking experience are welcome. Learn more about Central America and its multifaceted food culture and make new friends over lunch! If you have food allergies, please notify the OLLI office when registering.

Marilyn Urecki is the wife of Rabbi Victor Urecki of B'nai Jacob Synagogue. A graduate of Yeshiva University with a Masters' degree in Jewish education and an English teaching degree, she has served as a high school English teacher for over a decade at Charleston Catholic High school. She runs the B'nai Jacob Sunday and Hebrew school and is well known for her cooking skills and abilities.

### PHILOSOPHY & RELIGION

### Jewish Tools and Practices in Times of Trouble

Rabbi Joe Blair

Thursday, January 23, 12:45 - 2:30 p.m. Zoom

This course offers an introduction to the spiritual practices, approaches, and tools that Judaism provides for navigating personal and communal challenges. Whether facing personal difficulties like anxiety, stress, and fear, or communal crises such as war, drought, or famine, Judaism offers time-honored ways to seek comfort and strength. We will begin with foundational questions: What is required of us as human beings in times of trouble? How can we express our discomfort and seek support? What specific practices does Judaism offer to help us through these moments? We will explore key concepts such as Tzedakah (charity), Avodah (service), Ta'anit (fasting), Devekut (cleaving to God), Hitbodedut (secluded meditation), and Mussar (ethical self-improvement), as we delve into these rich traditions.

Rabbi Joe Blair serves as the spiritual and religious leader of Temple Israel (Kehilat B'nai Yisrael) in Charleston. He has taught over thirty courses for WVU OLLI over the last seven years on topics ranging from liturgy and poetry to mysticism to holiday rituals and midrash. He is delighted to return for another semester with a new offering.

### SCIENCE & NATURE

### Al Dominates the 2024 Nobel Prizes in Physics and Chemistry

Sumitra Reddy\*
Tuesday, January 28, 3:00 - 4:45 p.m.
Zoom

The Physics prize was "for foundational discoveries and inventions that enable machine learning with artificial neural networks." The winners, John Hopfield and Geoffrey Hinton, "trained artificial neural networks using physics." The Chemistry prize shared by three winners is about proteins, life's ingenious chemical tools. Winner David Baker succeeded in designing new proteins that can be used as pharmaceuticals, vaccines, nanomaterials, and tiny sensors. The other two winners, Demis Hassabis and John Jumper, developed an Al model called AlphaFold2 for predicting proteins' complex structures. This class will briefly discuss the Al tools behind the research.

**Sumitra Reddy** has been enjoying teaching at OLLI since 2011 on various subjects including ancient history, travelogs, and technical subjects including AI, Magic Math and ChatGPT. She holds a PhD in Physics and an MS in Computer Science. She retired from WVU's Department of Computer Science Electrical Engineering and remains an adjunct faculty member.

### Morgantown's Journey Through Geological History

Richard Smosna\*

Mondays & Wednesdays, February 10 - 26 3:00 - 4:30 p.m., Morgantown B



Today's Morgantown has flourished, in significant part, because of its geological past. Ancient rock layers, landforms, geographies, and climates have played a major role in the presence of our natural resources, as well as in the development of our environmental problems. Highlights of our billion-year story include: plate tectonics and mountain building, coal swamps and mining, glass sand and iron nails, the Marcellus Shale and natural gas, coral reefs and limestone quarries, the Ice Age and Lake Monongahela, and climate change and river flooding.

**Richard Smosna** is an emeritus professor at WVU who has been teaching geology since the Jurassic Period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, national parks, oceanography, and petroleum.

### Rare, Remarkable, and Destructive Weather Phenomena

Steven Holsclaw\*

Thursday, March 6, 1:00 - 3:00 p.m. Edgewood Summit Retirement Community



Encore

Weather is more than just a forecast; it shapes our daily lives, our travel plans, and even our global infrastructure. From choosing what to wear to determining the success of crops, weather impacts nearly every facet of human activity. While fair skies can inspire adventure and outdoor joy, severe weather can turn our world upside down. In this captivating presentation, explore the stunning beauty of seasonal weather through a rich photo gallery and witness the awe-inspiring yet devastating power of nature's most destructive forces. Whether nurturing agriculture or threatening lives and communities, these rare weather events highlight the incredible complexity and influence of our planet's climate.

**Steven Holsclaw** is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has a bachelor's degree in Geology from The Ohio State University. He has pursued a lifelong interest in fossils, minerals and crystals and enjoys sharing that interest with like-minded individuals. He strives to make his classes fun and memorable visual experiences.

### Spring Wildflowers of the WVU Core Arboretum Presentation

Zach Fowler\*

Wednesdays, March 5 & 12, 10:00 a.m. - 12:00 p.m. Zoom & Morgantown B

Participants will learn about the spring ephemeral wildflowers of the WVU Core Arboretum. This will be a classroom discussion about what these flowers are and a slide-show introduction to species that occur in the arboretum. A field trip to the arboretum, where we will observe these flowers in their natural setting, will be offered in the spring term. The WVU Core Arboretum has an unrivaled display of spring ephemeral wildflowers!

**Zach Fowler** is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.

- OLLI member

### SOCIAL SCIENCES, POLITICAL & CURRENT EVENTS

### The New Yorker Discussion Group

Hilary Attfield, Michael Attfield Mondays, January 27 - March 17, 10:00 - 11:45 a.m. Morgantown A & Zoom

Join us to discuss a range of topics from recent issues of *The New Yorker* magazine. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

Hilary Attfield, a native of Scotland and retired editor, likes to stay current with world issues and events (and gardening everywhere!). She has degrees from Aberdeen (Scotland), Warwick (England), and WVU. Michael Attfield, originally from North London, England, likes to meet people and discuss things relative to life and living. An epidemiologist, he has degrees from Wales and WVU.

### What Is Going On at the Southern Border?

Rabbi Victor Urecki

Wednesday, February 19, 10:00 - 11:20 a.m. Congregation B'nai Jacob



As an immigrant to this country, Victor Urecki has taken a deeply personal interest in what is happening along our Southern Border. With visits to the border and a fellowship in Guatemala, he has not only witnessed the crisis firsthand but sees imperfect solutions out there to this very complicated situation. Bringing valuable background and understanding to the topic, Urecki will offer ideas that address and recognize both the humanitarian crisis and the need for comprehensive immigration reform and border security.

Victor Urecki has served as rabbi of B'nai Jacob Synagogue since 1986. He has served as president of the WV Interfaith Refugee Ministry and is the recipient of the T'ruah (Rabbic Call For Human Rights) Lifetime Achievement Award for his work in refugee and human rights. In the last few years, Urecki has gone to the Arizona/Mexico and the Texas/Mexico borders and completed a fellowship in Guatemala.

See page 28 for NEWLY ADDED CLASSES!

### **TECHNOLOGY**

### **Technology Security: Staying Safe**

Michelle Klishis'

Monday, January 27, 10:00 a.m. - 12:00 p.m. Morgantown B & Zoom



Staying safe online covers everything from not falling for a spam email to protecting your home internet. This session will look at some of the threats out there, and things you can do to protect yourself from bad actors.

**Michelle Klishis** has been OLLI's professional technologist and resident leader of hikes for the past six years.

### **Using Apple iOS**

Michelle Klishis\*



Monday, February 3, 10:00 - 11:45 a.m. Morgantown B

In this course, we will explore iOS 14, the operating system for iPhones and iPads. You'll discover key features of this cutting-edge platform and learn how to make the most of these powerful devices. We will cover essential knowledge and skills, such as mastering the gestures that control your device and how to find and install third-party apps, ensuring you can use your iPhone or iPad effectively and efficiently.

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

### Mark Your Calendar for These Important Dates

Spring term - April 7 - May 30

Spring course proposals due

December 29

Spring registration begins

March 17

**Summer 2025 term** - July 14 - August 23

Summer course proposals due

April 7

Summer registration begins June 23

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### **OLLI Computer Camp with Michelle**

Microsoft Office series, taught by Professional Technologist Michelle Klishis, all in one week. Classes will meet in the computer lab. The maximum enrollment is 8 for each class.

#### **Microsoft Office: The Basics**

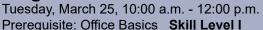


Monday, March 24, 10:00 a.m. - 12:00 p.m. **Skill Level I** 

The course will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

This class is a required prerequisite for the rest of the Microsoft Office suite.

### **Using Microsoft Word**





This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud of!

### **Using Microsoft PowerPoint**

Wednesday, March 26, 10:00 a.m. - 12:00 p.m/ Prerequisite: Office Basics Skill Level I



If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

### **Using Microsoft Excel**



Thursday, March 27, 10:00 a.m. - 12:00 p.m. Prerequisite: Office Basics **Skill Level II** 

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool or information. Some things you can use Excel for: address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

### **TRAVEL & ADVENTURE**

### Milan, Venice & Other Areas in the Veneto Region of Italy

Karen Long\*

Tuesday, January 21, 10:00 a.m. - 12:00 p.m. Morgantown B & Zoom

Let's escape the cold of a Morgantown winter and visit northern Italy in May! We'll begin in Milan, visit Verona and Padua on our way to Venice, then board a river ship for a week visiting Venice and some of the islands and cities of the Venetian lagoon. See Venice's beautiful St. Mark's Cathedral in candlelight with just the 117 folks from our ship. Magnificent!!

**Karen Long** is Associate Professor Emerita and retired from the WVU Department of Medical Laboratory Sciences where she taught clinical microbiology, mycology, and immunology. She enjoys travel and sharing her adventures with OLLI members.

### Perusing Peru: The Sacred Valley of the Incas

Leslie Lovett

Friday, February 21, 10:00 a.m. - 12:00 p.m. Morgantown B & Zoom

We will travel to Cusco, Peru, the historic capital of the Inca Empire and explore the colorful markets and vibrant Quechua culture. From there we will travel to Pisac which is strategically positioned at the entrance to the Sacred Valley. The Archaeologic Park overlooks the city and contains remains from 1440-70 that were not destroyed by the Spanish. Stops will also include Ollantaytambo, with its fascinating engineering and urban development; Machu Picchu, the "Lost City of the Incas"; Maras, famous for its salt; and finally, Rainbow Mountain and its seven colors.

**Leslie Lovett** grew up in Arizona and also resided in New York and North Dakota before coming to West Virginia in 1987. She is an emeritus professor of medical laboratory technology and retired administrator. Her passions include travel, a variety of outdoor activities, photography, spending time with family and friends, and animal conservation and cuddling.

### **Alaska Discovery Land & Cruise**

featuring a 7-night Holland America Cruise

**Highlights:** Fairbanks, Sternwheeler Discovery, Music of Denali Dinner Theater, Denali National Park, Tundra Wilderness Tour, Luxury Domed Rail, Anchorage, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Inside Passage



August 6 - 17, 2025

12 Days • 26 Meals • Activity Level 1

Reservation deadline: January 30, 2025

More information, including rates and extension options, available at: <a href="https://gateway.gocollette.com/link/1241449">https://gateway.gocollette.com/link/1241449</a>

### **Discover Imperial Cities**

featuring Prague, Vienna, & Budapest

**Highlights:** Prague, Prague Castle, Cesky Krumlov, Vienna, Schönbrunn Palace, Classical Music Performance, Choice on Tour, Bratislava, Lunch with Locals, Budapest, Matthias Church, Fisherman's Bastion, Visegrad, Renaissance Dinner



October 1 - 11, 2025

11 Days • 14 Meals • Activity Level 3

Reservation deadline: March 26, 2025

More information, including rates and extension options, available at <a href="https://gateway.gocollette.com/link/1240843">https://gateway.gocollette.com/link/1240843</a>

For more information, visit the trip websites or call the OLLI office at 304-293-1793.

Visit

https://www.gocollette.com/en-ca/collette-gives-you-more/ faq#pacing

for a description of Collette's activity level ratings.



Whether you missed a class the first time around or simply want to revisit a favorite lecture, **From the Vault** expands the learning opportunities beyond the classroom. Each term, a curated collection of recorded courses will be made available, enhancing the already rich selection of live offerings. This initiative not only provides added value for current members but also increases flexibility for those balancing other commitments.

Recordings of the following past classes will be available to current OLLI members on YouTube between January 21 and March 30.

Contact the OLLI office at olli@hsc.wvu or 304-293-1793 to request the link.
Payment of winter term fee required.

### The Harlem Renaissance

Melora Cann Six sessions. Recorded spring 2022

#### An Introduction

The Harlem Renaissance was a flowering of African American creative endeavors, including the visual arts, music, dance, and literature in the period immediately following World War I. The area known as Harlem in Manhattan (NYC) became the center of this expansive and celebratory explosion of artistic expression by Black Americans. The course will introduce this unique art movement/period and places five artists (explored in subsequent classes) into the framework of the Harlem Renaissance.

### **Aaron Douglas, Painter**

Douglas was an African American illustrator, painter, and art teacher. Considered a major figure in the Harlem Renaissance, some of his best-known works were murals and illustrations showcasing race and segregation in the U.S., drawing upon his African heritage. He is known as the father of African American art.

### Meta Vaux Warrick Fuller, Sculptor

Warrick Fuller was an African American sculptor first, later exploring other methods of visual expression including painting and theater design. A member of the Harlem Renaissance movement upon her return to the U.S., she had studied with August Rodin and worked in Paris from 1899 –1903. She built an international reputation as a sculptor. Warrick often chose challenging issues such as racial injustice and violence against Black Americans as themes for her work.

### Palmer Hayden, Painter

Hayden was an African American painter working in both oil and watercolor. His work reflected his interests in the sea and in landscapes, but he also chose to portray scenes of the lives of Black America with African aspects. Hayden studied at the Cooper Union in New York City and took part in an artist colony with independent studies in Maine. He eventually became well known for his paintings that told stories of life in both New York's urban streets and the back roads of the rural South.

### William J. Johnson, Painter

Johnson studied at the National Academy of Design and independently in New York City during the Harlem Renaissance from 1918 to 1926. He traveled to and studied in Paris, much of Europe, including Scandinavia, and ventured south to North Africa near the end of the 1920s and into the 1930s. Johnson focused his art themes on African Americans and shifted his style to produce "work characterized by its stunning, eloquent, folk-art simplicity," according to the Smithsonian American Art Museum.

### James Van Der Zee, Photographer

With a career spanning over 80 years, Van Der Zee was one of the most renowned photographers of the Harlem Renaissance. His comprehensive portfolio documents life in 20th-century Harlem from common to uncommon lives well lived. Topics ranged from an emerging African American middle class to themes of self-determination and racial pride. Among his many renowned subjects were poet Countee Cullen, dancer Bill ("Bojangles") Robinson, Florence Mills, Adam Clayton Powell Jr., and Black nationalist leader Marcus Garvey. Van Der Zee's photography enhanced and emphasized the subjects' character and personality, celebrating the people of Harlem.

Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership is not required although reservations are.

#### T'ai Chi Classes



Led by Cecil Pollard\*

Hosted by OLLI at WVU and The Shack Neighborhood House

Saturdays, January 11 - March 29 The Shack Neighborhood House (537 Blue Horizon Dr.)

Register at <a href="https://bit.ly/3x8lyi8">https://bit.ly/3x8lyi8</a> or on the enclosed form.

#### Intermediate T'ai Chi

10:00 - 10:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI instructors.

### Introduction to T'ai Chi and Qigong

11:00 - 11:50 a.m.

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.



### **Speaker Series**

Facilitator: Allyson McKee

1<sup>st</sup> Wednesday of the month, 2:30 - 4:00 p.m. Zoom

OLLI co-hosts a monthly presentation with the WVU Committee of Retired Faculty on topics of interest to members and the community at large. Recent past titles have included *Ice Age West Virginia and Glacial Lake Monongahela, Esports: Beyond Gaming, Folk Music of the Southern West Virginia Coalfields, Suicide Prevention, History Alive: Charles Schulz, and PEIA and Humana for WVU Retirees.* 

Visit <a href="https://olliatwvu.org/about-us/community-events/">https://olliatwvu.org/about-us/community-events/</a> for the latest information about speakers.

### **OLLI AFTER HOURS**

# Interested in being a part of the OLLI community but often busy during our usual class times?

OLLI offers a selection of classes, shared interest groups, and other opportunities outside of the usual 9 to 5, Monday through Friday, time slots. Below is a list of those opportunities during the winter and spring terms.

Many classes are recorded and available to registered members to view throughout the term. Simply contact the OLLI office to request the YouTube link.

#### Shared Interest Groups (see page 8 for details)

- Drinks & Dinner
   2<sup>nd</sup> Thursday of the month, 6:00 8:00 p.m.
   Various locations
- Twilight Triva
   Wednesday, Jan. 29, 7:00 8:30 p.m., Zoom

### Member Benefits & Events (see page 7)

- Ask-a-Geek
- OLLI Virtual Happy Hour Sundays, Jan. 5 - Mar. 30, 6:30 - 7:30 p.m., Zoom

#### Osher Online Classes (see page 9)

Zoom

- Bonsai: An Ancient Art in Modern Times
   Mondays, March 31 May 5, 7:00 8:30 p.m.
- Car Crazy: 1950s Onward Wednesdays, April 9 - May 14, 7:00 - 8:30 p.m.
- Science Charcuterie Thursdays, April 3 - May 8, 5:00 - 6:30 p.m.
- The Essential Jane Austen
  Mondays, March 31 May 5, 5:00 6:30 p.m.
- The Soundtrack of Rock & Pop in the 50s & 60s...
   Tuesdays, April 1 May 6, 5:00 6:30 p.m.
- Virtuosos in Classical Music Wednesdays, April 16 - May 21, 5:00 - 6:30 p.m.

#### Community Events (see page 18)

T'ai Chi at The Shack Neighborhood House (Morgantown)

Saturdays, January 11 - March 29

- Introduction to T'ai Chi 11:00 11:50 a.m.
- Intermediate T'ai Chi 10:00 10:50 a.m.

### WINTER 2025 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
Monday				
The New Yorker Discussion Group (Attfield, Attfield)	Jan. 27 - Mar. 17	10:00 - 11:45 a.m.	A & Z	15
Technology Security: Staying Safe (Klishis)	Jan. 27	10:00 a.m 12:00 p.m.	B & Z	16
Using Apple iOS (Klishis)	Feb. 3	10:00 - 11:45 a.m.	В	16
Yarn Arts	Jan. 6 - Mar. 31	12:45 - 2:30 p.m.	Α	8
Huck Finn's America (Walker)	Jan. 27 - Mar. 3	1:00 - 2:30 p.m.	Z	9
Afternoon Walking Group (Yonta)	Jan. 6 - Mar. 31	3:00 - 4:00 p.m.	Other	8
Mon River New Horizons Band (Schlobohm)	Jan. 27 - Mar. 31	3:00 - 4:30 p.m.	Α	8
Immigrants in America: Stories of Jazz(Abramovits)	Jan. 27 - Mar. 3	5:00 - 6:30 p.m.	Z	9
Beginner/Intermediate Watercolors (Parker)	Jan. 27 - Mar. 17	6:00 - 7:30 p.m.	Z	28
Color and Symbolism in Art History (Schrader)	Jan. 27 - Mar. 3	7:00 - 8:30 p.m.	Z	9
Monday & Wednesday				
Morgantown's JourneyGeological History (Smosna)	Feb. 10 - 26	3:00 - 4:30 p.m.	В	14
Tuesday				
-	Feb. 18, & Mar. 18	10:00 - 11:30 a.m.	A & Z	8
Milan, Venice, & Other Areas(Long)	Jan. 21	10:00 a.m 12:00 p.m.	B&Z	16
Understanding Some Inventions(Colvin)	Jan. 28 - Feb. 11	10:00 a.m 12:00 p.m.	B&Z	12
Modern War: What Is It Good For? (Rice)	Jan. 28 - Mar. 4	11:00 a.m 12:30 p.m.	Z	9
Five Great Operas: Met Opera in HD (Nelson)	Feb. 25	10:00 a.m 12:00 p.m.	Α	10
The StoryJapanese Friendship Doll (Beaumont)	Mar. 4	10:00 a.m 12:00 p.m.	B & Z	12
Real Estate 101 (Oliver)	Jan. 28	12:45 - 2:15 p.m.	B & Z	11
Transparent Eyeballs: The Transcendentalists (Antonucci	i)Jan. 14 - Feb. 18	1:00 - 2:30 p.m.	Z	9
Introduction to Spanish (Carrara)	, Jan. 14 - Mar. 18	1:00 - 2:30 p.m.	Z	13
My Mother and the Holocaust Brought to Light (Lubliner)	Jan. 21	3:00 - 5:00 p.m.	Z	11
Buddhist Philosophy, Meditation, and Ritual:(Goddard)	Jan. 21 - Feb. 25	3:00 - 4:30 p.m.	Z	9
Al Dominates the 2024 Nobel Prizes(Reddy)	Jan. 28	3:00 - 4:45 p.m.	Z	14
A Tourist's Tour of the Wider Universe (Fraknoi)	Jan. 28 - Mar. 4	5:00 - 6:30 p.m.	Z	9
First Class: A History of the Post Office(Nappo)	Jan. 14 - Feb. 18	7:00 - 8:30 p.m.	Z	9
CC Evening Book Discussion (Attfield) Jan. 14,	Feb. 11, & Mar. 11	7:30 - 9:00 p.m.	Z	8
Wednesday				
Sharing Immigrant Ancestor Stories (Arnold)	Jan. 22 - Feb. 5	10:00 - 11:45 a.m.	B & Z	13
Spring Wildflowers of the WVU Core Arboretum (Fowler)	Mar. 5 & 12	10:00 a.m 12:00 p.m.	B & Z	15
The U.S. Congress (Hutchins)	Feb. 12 - 26	10:00 - 11:30 a.m.	Z	12
Whole Grains Sampling Day 2025 (Gay)	Mar. 26	10:30 a.m 12:00 p.m.	Α	7
The Secret Lives of Familiar Birds (Burnette)	Jan. 29 - Mar. 5	11:00 a.m 12:30 p.m.	Z	9
Protecting the President-or Not (Hammersmith)	Jan. 22 & 29	12:45 - 2:30 p.m.	B & Z	11
A Late Lunch (Cale) Jan. 15,	Feb. 19, & Mar. 19	1:00 - 2:15 p.m.	Other	8
The Power of Jewelry: Beauty, Health,(Yang)	Feb. 12	1:00 - 2:30 p.m.	Α	7
100 Years of Magic: The Disney Legacy/Influence (Miller)	CANCELLED	3:00 - 4:30 p.m.	Z	9
Reclaiming Native Ground: Native America (Jennings)	Jan. 22 - Feb. 26	5:00 - 6:30 p.m.	Z	9
Twilight Trivia (Klishis)	Jan. 29	7:00 - 8:30 p.m.	Z	7
The World of Musical Satire (Misch)	Jan. 29 - Mar. 5	7:00 - 8:30 p.m.	Z	9

### WINTER 2025 SCHEDULE AT A GLANCE - MORGANTOWN

Class, Instructor	Date(s)	Time	Location	Page #
Thursday				
Walking Outdoors with Campus Club (Covey)	Jan. 9 - Mar. 27	9:00 - 10:00 a.m.	Other	8
T'ai Chi for Arthritis (Sommerkorn)	Jan. 9 - Feb. 13	10:00 - 11:30 a.m.	Other	11
The Pop Hits of 1970 & 71 (Wendell)	Jan. 23 - Feb. 27	10:00 a.m 12:00 p.m.	B & Z	10
Learn to Play the Tin Whistle II (Strakusek)	Jan. 23 - Mar. 13	11:00 - 12:30 p.m.	Α	10
Campus Club: Let's Do Lunch! (Rauch) Jan. 9	9, Feb. 13, Mar. 13	11:30 a.m 1:00 p.m.	Other	8
Jewish Tools and Practices in Times of Trouble (Blair)	Jan. 23	12:45 - 2:30 p.m.	Z	14
Ragtime Music–Then & Now (Venable)	Mar. 6 & 13	12:45 - 2:30 p.m.	B & Z	10
Wisdom (Smith)	Jan. 23 - Feb. 27	1:00 - 2:30 p.m.	Z	9
Jewelry Making Workshop (Elkins)	Jan. 23 & 30	1:00 - 3:00 p.m.	В	13
Jewelry Repair Workshop (Elkins)	Feb. 6	1:00 - 3:00 p.m.	В	13
Afternoon Walking Group (Yonta)	Jan. 9 - Mar. 27	3:00 - 4:00 p.m.	Other	8
Science Everyone Needs to Know (Hendrickson)	Jan. 30 - Mar. 6	3:00 - 4:30 p.m.	Z	9
The Next Generation's Legacy of the Holocaust (Multiple)	Jan. 23 - Feb. 27	5:00 - 6:30 p.m.	Z	9
Drinks & Dinner (Haislet) Jan. 9	9, Feb. 13, Mar. 13	6:00 - 8:00 p.m.	Other	8
Storytelling and Self (Baker)	Jan. 23 - Feb. 27	7:00 - 8:30 p.m.	Z	9
Friday				
The Peopling of the Americas (Rentch)	Jan. 17 & 24	10:00 - 11:45 a.m.	B & Z	28
Art in the Libraries 2024-25 Exhibitions Overview (Brown)	Jan. 24	10:00 - 11:30 a.m.	Z	10
The PRT: A Long, Strange Trip (Cole)	Jan. 31 & Feb. 7	10:00 - 11:30 a.m.	B & Z	12
Perusing Peru: The Sacred Valley of the Incas (Lovett)	Feb. 21	10:00 a.m 12:00 p.m.	B & Z	17
Winter Film Forum (Held)	Feb. 21 & 28	12:30 - 4:30 p.m.	В	7
Unsexed TermagantsHelp the World Along(Howe)	Jan. 24	12:45 - 2:30 p.m.	Z	10
LEGO®: Not Just for Kids (Haislet)	Jan. 31 & Feb. 7	12:45 - 2:30 p.m.	В	13
LEGO®: Not Just for Kids (Haislet)	Mar. 7	12:45 - 2:30 p.m.	Z	13
My Native Land in Memory:Cuban Childhood (Espin)	Jan. 24 - Feb. 28	1:00 - 2:30 p.m.	Z	9
Whole-Person Health and Well-being: (Howard)	Jan. 31 - Mar. 7	3:00 - 4:30 p.m.	Z	9
Saturday				
Intermediate T'ai Chi (Pollard)	Jan. 11 - Mar. 29	10:00 - 10:50 a.m.	Other	18
Introduction to T'ai Chi (Pollard)	Jan. 11 - Mar. 29	11:00 - 11:50 a.m.	Other	18
Sunday				
OLLI Virtual Happy Hour	Jan. 5 - Mar. 30	6:30 - 7:30 p.m.	Z	7

### **Class & Event Updates**

The OLLI course catalog often has to go to print before we have all the information we need to pass along. It is not unusual for OLLI to add classes and events throughout the term. Nor is it unusual for dates to change due to unforeseen circumstances.

New classes are announced in OLLI's Friday bulletin. Emails are sent about schedule changes. But sometimes, it's easier to have a quick point of reference for all of this information. Therefore, we have created the link below for you to check for all the latest class and events updates.

https://olliatwvu.wpcomstaging.com/archives/8974

You can also access the site by scanning this QR code below with your Smart Phone.



### WINTER 2025 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
Monday				
The New Yorker Discussion Group (Attfield, Attfield)	Jan. 27 - Mar. 17	10:00 - 11:45 a.m.	Z	15
Technology Security: Staying Safe (Klishis)	Jan. 27	10:00 a.m 12:00 p.m.	Z	16
Huck Finn's America (Walker)	Jan. 27 - Mar. 3	1:00 - 2:30 p.m.	Z	9
Immigrants in America: Stories of Jazz(Abramovits)	Jan. 27 - Mar. 3	5:00 - 6:30 p.m.	Z	9
Beginner/Intermediate Watercolors (Parker)	Jan. 27 - Mar. 17	6:00 - 7:30 p.m.	Z	28
Color and Symbolism in Art History(Schrader)	Jan. 27 - Mar. 3	7:00 - 8:30 p.m.	Z	9
Tuesday				
CC Morning Book Discussion (Ostrow) Jan. 21,	Feb. 18, & Mar. 18	10:00 - 11:30 a.m.	Z	8
Milan, Venice, & Other Areas(Long)	Jan. 21	10:00 a.m 12:00 p.m.	Z	16
Understanding Some Inventions(Colvin)	Jan. 28 - Feb. 11	10:00 a.m 12:00 p.m.	Z	12
Modern War: What Is It Good For? (Rice)	Jan. 28 - Mar. 4	11:00 a.m 12:30 p.m.	Z	9
The StoryJapanese Friendship Doll (Beaumont)	Mar. 4	10:00 a.m 12:00 p.m.	Z	12
Real Estate 101 (Oliver)	Jan. 28	12:45 - 2:15 p.m.	Z	11
Transparent Eyeballs: The Transcendentalists (Antonucci	) Jan. 14 - Feb. 18	1:00 - 2:30 p.m.	Z	9
Introduction to Spanish (Carrara)	Jan. 14 - Mar. 18	1:00 - 2:30 p.m.	Z	13
My Mother and the Holocaust Brought to Light (Lubliner)	Jan. 21	3:00 - 5:00 p.m.	Z	11
Buddhist Philosophy, Meditation, and Ritual:(Goddard)	Jan. 21 - Feb. 25	3:00 - 4:30 p.m.	Z	9
Al Dominates the 2024 Nobel Prizes(Reddy)	Jan. 28	3:00 - 4:45 p.m.	Z	14
A Tourist's Tour of the Wider Universe (Fraknoi)	Jan. 28 - Mar. 4	5:00 - 6:30 p.m.	Z	9
First Class: A History of the Post Office(Nappo)	Jan. 14 - Feb. 18	7:00 - 8:30 p.m.	Z	9
CC Evening Book Discussion (Attfield) Jan. 14	, Feb. 11, & Mar. 11	7:30 - 9:00 p.m.	_ Z _	8
Wednesday				
Sharing Immigrant Ancestor Stories (Arnold)	Jan. 22 - Feb. 5	10:00 - 11:45 a.m.	Z	13
The U.S. Congress (Hutchins)	Feb. 12 - 26	10:00 - 11:30 a.m.	Z	12
What's Going On at the Southern Border? (Urecki)	Feb. 19	10:00 - 11:30 a.m.	Other	15
Spring Wildflowers of the WVU Core Arboretum (Fowler)	Mar. 5 & 12	10:00 a.m 12:00 p.m.	Z	15
The Secret Lives of Familiar Birds (Burnette)	Jan. 29 - Mar. 5	11:00 a.m 12:30 p.m.	Z	9
Taste of Central America (Urecki)	Feb. 19	12:00 - 2:00 p.m.	Other	14
Protecting the President-or Not (Hammersmith)	Jan. 22 & 29	12:45 - 2:30 p.m.	Z	11
100 Years of Magic: The Disney Legacy/Influence (Miller)	CANCELLED	3:00 - 4:30 p.m.	Z	9
Reclaiming Native Ground: Native America (Jennings)	Jan. 22 - Feb. 26	5:00 - 6:30 p.m.	Z	9
Twilight Trivia (Klishis)	Jan. 29	7:00 - 8:30 p.m.	Z	7
The World of Musical Satire (Misch)	Jan. 29 - Mar. 5	7:00 - 8:30 p.m.	Z	9
Thursday				
The Pop Hits of 1970 & 71 (Wendell)	Jan. 23 - Feb. 27	10:00 a.m 12:00 p.m.	Z	10
Jewish Tools and Practices in Times of Trouble (Blair)	Jan. 23	12:45 - 2:30 p.m.	Z	14
Ragtime Music–Then & Now (Venable)	Mar. 6 & 13	12:45 - 2:30 p.m.	Z	10
Wisdom (Smith)	Jan. 23 - Feb. 27	1:00 - 2:30 p.m.	Z	9
Rare, Remarkable, and Destructive Weather(Holsclaw)	Mar. 6	1:00 - 3:00 p.m.	ES	15
Science Everyone Needs to Know (Hendrickson)	Jan. 30 - Mar. 6	3:00 - 4:30 p.m.	Z	9
The Next Generation's Legacy of the Holocaust (Multiple)		5:00 - 6:30 p.m.	Z	9
Storytelling and Self (Baker)	Jan. 23 - Feb. 27	7:00 - 8:30 p.m.	Z	9

### WINTER 2025 SCHEDULE AT A GLANCE - KANAWHA VALLEY

Class (Instructor)	Date(s)	Time	Location	Page #
Friday				_
The Peopling of the Americas (Rentch)	Jan. 17 & 24	10:00 - 11:45 a.m.	Z	28
Art in the Libraries 2024-25 Exhibitions Overview (Brown)	Jan. 24	10:00 - 11:30 a.m.	Z	10
The PRT: A Long, Strange Trip (Cole)	Jan. 31 & Feb. 7	10:00 - 11:30 a.m.	Z	12
Perusing Peru: The Sacred Valley of the Incas (Lovett)	Feb. 21	10:00 a.m 12:00 p.m.	Z	17
Unsexed TermagantsHelp the World Along(Howe)	Jan. 24	12:45 - 2:30 p.m.	Z	10
LEGO®: Not Just for Kids (Haislet)	Mar. 7	12:45 - 2:30 p.m.	Z	13
My Native Land in Memory:Cuban Childhood (Espin)	Jan. 24 - Feb. 28	1:00 - 2:30 p.m.	Z	9
Whole-Person Health and Well-being: (Howard)	Jan. 31 - Mar. 7	3:00 - 4:30 p.m.	Z	9
Sunday				
OLLI Virtual Happy Hour	Jan. 5 - Mar. 30	6:30 - 7:30 p.m.	Z	7

### **Invite a Friend**

Share your love of lifelong learning and OLLI at WVU with friends, family, neighbors, and colleagues. Clip the panel below, add a note if you wish, sign it, put in an envelope, and drop in the mail to someone you would like to join you at OLLI.



### Join me at OLLI!

Are you looking for something different to do? Curious about things you haven't thought about before?

OLLI at WVU offers the opportunity to learn simply for the fun of it! No tests, No grades!

Visit olliatwvu.org OR call **ME** for more information.

I would LOVE to have you join me in an OLLI class!





### **Class & Event Updates**

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You can also access the site by scanning the QR code with your Smart Phone.



### **TEACH FOR OLLI AT WVU**

Did you know that one-third of OLLI's volunteer instructors and presenters are also OLLI members? While some are experts who built their careers working in the subject area of their OLLI class, many others are avid hobbyists, aficionados, or devoted lifelong learners who spend countless hours researching, exploring, and/or studying their topic of interest before sharing in the classroom.

Embracing the belief that teaching is a wonderful way to learn, OLLI at WVU values peer learning experiences and encourages members to consider sharing their passions and interests with fellow OLLI members.

Recent examples of OLLI classes taught by members include Share the Story of Your Collection; The Ohio River Floodwall Murals; Greece: History, Sun, and Delicious Food!; Life Lessons from The Beatles; and Get Your Brick On: The World of LEGO.

Join us for one of our upcoming instructor information sessions this winter to learn more about giving a presentation, teaching a class, and leading a workshop or discussion group. The meeting will cover developing and submitting a proposal, the support provided to volunteers, and the rewards of volunteering for OLLI at WVU.

Wednesday, February 5, 12:30 - 2:00 p.m. Zoom & Morgantown B

Kanawha Valley: TBA

Register online at https://bit.ly/3YqCpNs or scan the QR code.



## Stay Curious.

### FOLLOW OLLI AT WVU ONLINE

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

### Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. Email <a href="mailto:olli@hsc.wvu.edu">olli@hsc.wvu.edu</a> to be added to OLLI's email list.

You can also access the latest news directly by clicking on the News button on our website at olliatwvu.org

OLLI does not share your email address. We use your address only to inform you of important OLLI news and upcoming events.

#### On Social Media

- Facebook (Osher Lifelong Learning Institute at WVU & OLLI at WVU Kanawha Valley)
- Wordpress (olliatwvu.wpcomstaging.com/)
- Instagram (olliatwvu)

### **Volunteer for OLLI**

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

Volunteer opportunities include:

Instructor or presenter •
Advisory Council or committee
member • Office support •
Project Team member •
Class host • Events host or
staff • Technical assistant



Visit <u>olliatwvu.org/current-members/volunteer/</u>, scan the

QR code, or call 304-293-1793 for more information.

#### Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

#### With a variety of giving options, you can choose the gift that works best for you.

You can choose to designate your gift to:

- OLLI's area of greatest need
- the \$100K Club
- OLLI participation scholarship fund
- Campus Club Endowed Scholarship
- the OLLI endowment

You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

And choose the time that works for you.

- Give when you renew your membership or enroll in classes
- Give during OLLI's Annual Fall Campaign
- Give on WVU Day of Giving
- Set up a monthly recurring gift
- Any time during the year

To give today, visit <a href="https://olliatwvu.org/make-a-gift/">https://olliatwvu.org/make-a-gift/</a>, scan the QR code below, or add your tax-deductible donation to the enclosed class registration form. For more information, call the OLLI office at 304-293-1793.



Thank you for your continued support of lifelong learning and OLLI at WVU.

### Every gift makes an impact!

oll programming in Morgantown is brought to you with support of the

John Mathew Gay
Brown Family Foundation
and the

George D. Hott Foundation.

### **Kroger Community Rewards Program!**

By participating in the Kroger Community Rewards Program, OLLI at WVU receives a donation from Kroger every time you purchase groceries in any of their stores using your rewards card.

Signing up is easy. Simply register your Kroger Plus Shopper's Card online at

www.krogercommunityrewards.com and choose Osher Lifelong Learning Institute/WVU Found (FG916) as the organziation to receive a donation.

If you have any questions, or need help enrolling in the Kroger Community Rewards Program, the OLLI staff is happy to assist.

### **OLLI POLICIES**

### **Classroom Etiquette**

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about. We encourage you to embrace this philosophy and be respectful in classroom discussions.

#### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

### **Weather Closings**

OLLI will not hold in-person classes in Monongalia County or Kanawha County if the schools are closed or offering remote learning for the day in the respective county. OLLI may still host classes on Zoom. If you are unaware if a class you are registered for is meeting, visit olli@hsc.wvu.edu or call the OLLI office at 304-293-1793.

#### **Class Disclaimer**

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

### **Liability Disclaimer**

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

### **Non-Discrimination Statement**

WVU is an EEO/Affirmative Action Employer.
Underrepresented class members are encouraged to apply.
This includes minorities, females, individuals with disabilities, and veterans.

### Be an OLLI Am<u>bassador!</u>

Our members are our best recruiters.

Share your OLLI experience with a friend.

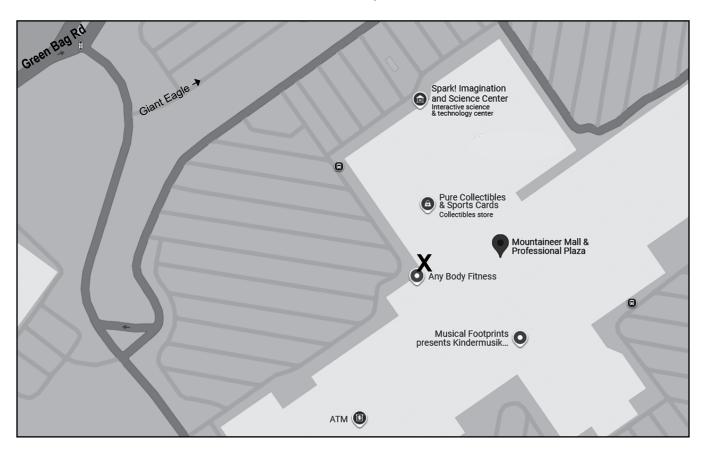
- Invite a friend to a class
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate



See page 23 for a pre-printed message card to mail to friends.

\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

### **DIRECTIONS TO THE MOUNTAINEER MALL, MORGANTOWN**



- From either 68 East or West, take exit 1 and turn left at the stop light.
- Travel about 2 miles.
- Turn right at the next stop light, for Green Bag Road.
- Then turn right at the next stop light to enter the Mountaineer Mall property.
- Follow the road to the mall area and enter the first parking lot.
- Use the Mall Entrance next to Anybody Gym (at the X on the above map) to enter the mall.
- Inside, turn right at the first corridor crossway. The OLLI office is halfway down the main corridor on the left side, with a large West Virginia University logo above the door.

### **CONTACT US**

Osher Lifelong Learning Institute at WVU

(304) 293-1793 • www.olliatwvu.org • olli@hsc.wvu.edu

Main office (Morgantown)

Mountaineer Mall, Suite C-17 5000 Green Bag Rd. Morgantown, WV 26501

We recommend calling ahead or making an appointment as office hours may be limited.

### WINTER 2025 CLASSES

### **Beginner/Intermediate Watercolor**

Diane Parker



Mondays, January 27 - March 17, 6:00 - 7:30 p.m. Zoom

Materials: Suggested watercolor half-pan set, watercolor paper and brushes. A list will be provided of recommended supplies.

Participants will learn basic drawing/sketching techniques, composition/color, and watercolor techniques designed to serve the beginner and/or intermediate artist.

**Diane Parker** has been a professional commercial and fine artist for 40 years. She is self/workshop taught, apprenticing with Steve Vasilou and George Harper through the WV State Arts & Crafts Festival in Ripley. She was a graphic/fine artist at WVU from 1989-1996 and is currently the SAPS Coordinator for Taylor County Family Resources. She works with youth and adults making crafts and creating art and is a board member of the Taylor County Arts Council.

### The Peopling of the Americas

Jim Rentch\*

Fridays, January 17 & 24, 10:00 - 11:45 a.m. Morgantown B & Zoom

About 70,000 years ago, modern human beings (Homo sapiens) left their African homeland and began their dispersal into the rest of the world. About 25,000 years ago when the last ice age lowered sea levels 400 feet, a land bridge between Asia and Alaska emerged, and the final migration into the Americas began. Exactly when, how, and by what route people left Siberia and entered North America is still a much-debated subject, but archaeology, genetics, and linguistics all are contributing to an understanding of the last great human global migration. This class will present current thinking on the peopling of the Americas.

**Jim Rentch** is a life-long West Virginian. In his 50s, he left Charleston and came to Morgantown to get a PhD. He ended up teaching forestry at WVU for 18 years. He holds OLLI in high regard, because it allows him the opportunity to continue to make use of the researching and teaching skills of his working life.



5000 Green Bag Road PO Box 9123 Morgantown, WV 26506-9123

### OLLI at WVU - Your Next Adventure Begins Here

### Winter registration begins January 6

Phone: 304-293-1793 Website: olliatwvu.org Email: olli@hsc.wvu.edu

### Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- · Social events
- Travel programs
- Interest Groups
- Volunteer opportunities